

Life Book of World Records (LBW RECORDS) is a celebration of exemplary exploits and recognises accomplishments such as firsts, inventions, discoveries, honours, awards and the truly extraordinary.

LBW RECORDS encompasses an extensive range of information, in fulfilling its role as a tribute to the unique achievements of Indians, and is thus divided into several chapters and record categories. Prospective entries under these chapters and categories may fall under any of the following three headings - a record, a piece of information or a unique talent. LBW RECORDS stands for the pinnacle of excellence in every sphere, both human and natural, that can be qualified in superlatives, including but not limited to the first, last, unique, best, oldest, largest and most.

Entry into LBW RECORDS and attempt of any record are subject to compliance with the Terms and Conditions (the “Terms”) as well as the specific rules and guidelines applicable to each type of record attempt (the “Attempt”). Individuals interested in attempting to set or break a record are requested to study these Terms and the specific rules and guidelines applicable to the Attempt and sign the Disclaimer Form before the commencement of any Attempt in order to be considered for inclusion in the LBW RECORDS.

LBW RECORDS is published by Life Book World Records Publications and , reserves the right to modify these Terms and any other rules and guidelines established in relation to an Attempt. All such modifications will be updated on the website <https://www.Life-book-of-records.com>, and anyone attempting to enter their record in LBW RECORDS must review the Terms and the corresponding rules for each Attempt regularly, to remain informed of any changes or modifications therein.

ELIGIBILITY CRITERIA

To be eligible for consideration by the editors of LBW RECORDS (‘LBW RECORDS Team’) for a successful Attempt, the person undertaking an Attempt (‘Participant’) must fulfil the following conditions:

- 1. Participant should be a resident Indian, NRI/PIO/OCI.*
- 2. The Participant must have read and consented to the Terms, the specific rules and guidelines applicable to the Attempt, and must have signed and submitted the Disclaimer Form before undertaking the Attempt.*
- 3. The Participant must fall in one of the three specified age groups, as specified below, and must adhere to the eligibility criteria of that age group and each Attempt must be corroborated by a valid proof of age:*
 - Age Group I - Up to 13 years*
 - Age Group II - Above 13 years and up to 18 years*
 - Age Group III - Above 18 years*

Age Group I:

1. *To be eligible for an Attempt in this category the Participant undertaking the Attempt must be twelve (12) years of age or below at the time of Attempt.*
2. *Consent from a parent or legal guardian must be submitted, after such parent or legal guardian has read the Terms as provided and has read and signed the Disclaimer Form. The concerned parent or legal guardian, as the case may be, must have read and explained the specific rules applicable to that category of Attempt to the Participant.*
3. *Certain categories of records may not be permitted for Participants from this age group, as may be notified by , and/or LBW RECORDS from time to time.*
4. *No endurance-related activities will be entertained as Attempts under this age group. These include, without limitation, endurance cycling, endurance running, endurance riding and muscular endurance activities. Any Attempt that is detrimental to a child's health, or is potentially dangerous, or is in violation of any law in force, shall not be considered for entry in LBW RECORDS and is strongly discouraged.*

Age Group II:

1. *A Participant undertaking an Attempt under this age group must be older than thirteen (13) years of age and younger than or up to eighteen (18) years of age at the time of the Attempt.*
2. *Consent from a parent or legal guardian must be submitted, after such parent or legal guardian has read the Terms as provided and consented to the same. The parent or legal guardian is also required to have read and consented to the Disclaimer Form and any other rules specified in relation to the category of Attempt, before undertaking the Attempt.*
3. *Certain categories of records may not be permitted for Participants from this age group, as may be notified by , and/or LBW RECORDS from time to time.*
4. *Attempts that are detrimental to the health of such persons, or that are potentially dangerous, or that are in violation of any law in force, will not be accepted for entry in LBW RECORDS.*

Age Group III:

1. *The Participant must be above eighteen (18) years of age.*

All such Participants must have carefully read and consented to the Terms, the specific rules and guidelines set forth as regards the Attempt, and must have signed the Disclaimer Form before engaging in the Attempt.

CHAPTERS AND CATEGORIES

LBW RECORDS reserves the right to include or exclude any chapter or category, as otherwise listed below and is under no obligation to publish all or any of the listed chapters or categories in LBW RECORDS or any of its publications. The list provided herein is only for explanatory reasons, and for the clarity of persons seeking to engage in an Attempt. Further, the following list only consists of chapters and categories that have been published in the previous editions and is non-exhaustive. LBW RECORDS may, at its sole discretion, include additional chapters or categories, delete a chapter or category, or even merge two or more chapters or categories as the LBW RECORDS Team deems appropriate. Any such addition, deletion or merger of chapters or categories creates no obligation on the LBW RECORDS Team's and/or , 's part to inform any person making an Attempt of such addition, deletion or merger.

1. ADVENTURE

This chapter may be divided into various sections, including, and not limited to aerospports, mountaineering, road expeditions, water sports, ultra-marathons and other adventure activities. A person undertaking an Attempt under this category may seek the LBW RECORDS Team's guidance for specific guidelines if any. Potential entrants are advised to note that such guidelines or safety advice provided by the LBW RECORDS Team shall merely be explanatory, non-exhaustive and will not create any responsibilities or liabilities on behalf of the LBW RECORDS Team and/or ,, whatsoever.

2. AGRICULTURE

The chapter contains records and information, and the chapter may include, but shall not be limited to, topics such as agricultural crops, farm machinery, milk and milk products, poultry, animal sciences, fisheries and research. Specific rules are to be complied with for Attempts under this chapter.

3. DEFENCE

The chapter contains records and information pertaining to all the branches of the armed forces. This chapter does not accept entries and is compiled by the LBW RECORDS team.

4. BUSINESS AND ECONOMY

This chapter contains records and information and the sections under this chapter may include, but shall not be limited to, economy, stocks, banking, industry, service, workforce, etc. Candidates who claim records under any of these sections shall provide proof of the same, including authentication letters from independent observers including at least one expert in the field.

5. VISUAL ARTS

This chapter contains records and information related to cinema, paintings and photography. The records related to national and regional commercial and art cinema is based on information collected from the National Film Archive of India (NFAI), Internet, magazines and national newspapers. The records about box-office collection are collected from the website [www. boxofficeindia.com](http://www.boxofficeindia.com), the standard source in India used for collecting such details, or similar sources. Individual record claims may be submitted for consideration under this chapter, subject to compliance with the basic criteria laid down:

- The film should have been cleared by the Central Board for Film Certification (CBFC) and given a censor certificate.
- The film should be screened at film festivals or at public auditoriums.

Information related to painting and photography is collected from newspapers, magazines and Internet and any other verified source. Individual record claims may be submitted for consideration under this chapter. However, no miniature paintings in any medium will be considered.

6. MEDIA AND COMMUNICATIONS

This chapter contains records and information related to the broad fields of (a) media and (b) communications, and may be divided into seven sections - (i) print, (ii) radio, (iii) television, (iv) post, (v) philately (vi) telecom and (vii) Internet and social media. Participants willing to undertake an Attempt under this chapter must ensure compliance with the specific guidelines provided by LBW RECORDS team.

7. EDUCATION

This chapter covers absolute records like first/oldest school, college, university, oldest postgraduate, largest (in student strength) school, college, university. We have discontinued the 'youngest' category. Record claims with qualifications beyond postgraduation are considered. Online qualifications or NET-based qualifications are not considered.

8. GOVERNMENT

This chapter contains information and records. This category may include, but shall not be limited to, such subjects as nationhood, parties, elections, parliament, states, administration, civics, judiciary, law and order.

9. LITERATURE

This chapter contains records and information from the field of literature. Participants willing to undertake an Attempt under this chapter must ensure compliance with the basic criteria laid down.

- Only published works, self-published not included, will be considered.
- No long ghazals/poems or rewriting of religious texts will be considered.

10. MEDICAL SCIENCES

This chapter contains records and information from the field of medical sciences such as medical breakthroughs, medical camps, firsts and mosts in selective medical procedures, mass participations (organ donors signing up), medical tests, medical devices and equipment.

11. PERFORMING ARTS

This chapter contains records related to talent and information in the fields of Dance, Music and Theatre. The records are further divided into marathon events or group events. All Attempts under this chapter are required to follow the specific rules for both types of events as provided by the LBW RECORDS team.

12. SCIENCE AND TECHNOLOGY

This chapter contains absolute records like first science journal, earliest tranquillizer, along with discoveries and records in, but not limited to, maths, physics, chemistry, biology, engineering, environmental sciences and information technology (IT). All Attempts under this chapter are required to follow the specific rules for both types of events as provided by the LBW RECORDS team.

13. SPORTS

The Sports section of the LBW RECORDS contains, primarily, records, sports-related statistics and information. It is prepared by independent consultants, people who are well established journalists and authorities in particular sports. The consultants are the final authority on all records under this chapter. The deadline for receiving entries for this chapter is 31 May of the year (subject to change as and when decided by the consultants) to be considered for entry in the edition dated for the following year.

14. STRUCTURES

This chapter contains records related to general, modern, religious, mechanical and historical structures, bridges and dams, flyovers and residential and various other specialized structures.

15. THE NATURAL WORLD

This chapter contains information and records and the entries are compiled from emails and reports in magazine and newspapers available to LBW RECORDS. Information related to flora and fauna is verified with nature conservation authorities, well-known wildlife institutions, and directors of national parks and sanctuaries. All claims related to rainwater harvesting and pollution control are strictly counter checked.

16. TRANSPORT

This chapter contains records and information and the sections under this chapter may include road, rail, water and air transport. Candidates who claim records under any of these sections shall provide evidence of the same, including authentication letters from independent observers and experts.

17. THE HUMAN STORY

This chapter contains records, talents and information and is a celebration of unique achievements, uncommon talents, community development initiatives and other human feats that depict India at her best. Potential entrants under this category are required to not break any laws, and must sign and submit the Disclaimer Form at least one month prior to the Attempt. LBW RECORDS strongly discourages any Attempt that is likely to cause harm or be of nuisance to the general public, or is likely to cause unnecessary waste of essential goods or resources, or is likely to harm the environment.

PROCEDURE FOR ATTEMPT

LBW RECORDS recognizes two types of Attempts - (i) an Attempt to break a previously existing record; and (ii) an Attempt to set a new record. The following procedure must be followed by any person willing to undertake an Attempt to be considered for entry in LBW RECORDS: An application by the person attempting the record should be either emailed to [LBW Records](mailto:info@lifebookworldrecords.com).

info@lifebookworldrecords.com or couriered/ mailed by registered post to: *Life Book of World Records* Publications, Plot No. 199/A-13, Freedom Fighters Enclave, Neb Sarai, New Delhi.

1. Such application should contain details regarding the unique achievement, or proposal to set a record, for the consideration of LBW RECORDS team, along with the complete address and contact number of the person attempting the same, at least one (1) month before the Attempt in order to

avoid disqualification on technicalities. For specific requirements in the procedure for Attempt please refer to Section of Terms.

2. The person undertaking the Attempt must approach the LBW RECORDS Team regarding the proper procedure and information or documents required for consideration of a successful Attempt.
3. On completion of an Attempt, the Participant must provide the LBW RECORDS Team a detailed and accurate documentation, as required by the LBW RECORDS Team, and these shall be scrutinized by the LBW RECORDS Team.
4. All entries to an edition are confirmed only after the deadline, i.e., the last date for submission of entries. Any entry made after such a date may be considered for a subsequent edition of LBW RECORDS.
5. On confirmation of an entry, a certificate shall be mailed to the person who carried out the successful Attempt. Such certificates shall be sent after the particular edition for which the Attempt has been considered is printed or released.
6. For all Attempts to be undertaken, the person undertaking such an Attempt must sign and submit the Disclaimer Form provided by the LBW RECORDS Team, prior to the Attempt. The acceptance of any application for entry in LBW RECORDS shall be conditional on the signing and adherence to the Disclaimer Form, the Terms and any other specific rules and guidelines established by LBW RECORDS in relation to a particular category of Attempt.

APPLICATION PROCEDURE

- All applications must be sent to the following addresses:
Postal Address:
 - *Life Book of World Records Publications*
 - D.No:2-36-10,Perrajupets, Kakinada, E.G. Dist, A.P,INDIA
 - Ph: (Board) +91-8886642222,-9505554666
- Timing for phone calls - 11.00 am - 1.00 pm and 2.00 pm - 5.00 pm
E-mail:info@lifebookworldrecords.com.
- The primary application shall consist of the following:
 - Name of the Participant;
 - Complete postal address of the Participant;
 - Contact details of the Participant;
 - Description of the record the Participant wishes to apply for; and
 - Event plan.
- These applications shall be perused by the concerned person in LBW RECORDS Team, as per the sections assigned, and further correspondence shall take place between the Participant and the LBW RECORDS Team member.

- On acceptance of the initial application, the general guidelines and record specific guidelines shall be emailed or couriered to the Participant along with the procedure and documentation required.
- On receipt of the correspondence from a member of the LBW RECORDS Team, the Participant shall send the following documents (in hard copy) to the postal address mentioned in paragraph 1 above -
 - A covering letter stating the Attempt details;
 - A signed copy of the Disclaimer Form sent to the Participant;
 - A self-attested copy of the Participant's government approved identity proof (such as passport, voter ID card, Aadhar card & PAN card etc.);
 - A self-attested copy of the Participant's government approved age proof (such as passport, birth certificate, ration card etc.) (together the **"Required Documents"**).
- On authentication and verification of the Required Documents, the Participant shall obtain a confirmation from the LBW RECORDS Team to proceed with the Attempt.
- After completing the Attempt in accordance with the provisions of section IV and collecting evidence of the Attempt in accordance with the provisions of section VI, the Participant shall send the following to claim a record:(the **"Claim"**):
 - Details of the supposed record, duly authenticated by Gazetted officers, or relevant public authorities, or relevant authorities in charge or other competent authorities. Such authentication must be on the basis of personal verification of every detail of the claim.
 - Material evidence of the event, consisting of all the evidence collected by the Participant during the Attempt. (All CDs sent to the LBW RECORDS Team, as part of the application process, should have the Participant's name and the record category written legibly on it.)
- A Claim which is successfully submitted shall be considered for entry in the LBW RECORDS.
- The application procedure should be completed within the last date of submission. Entries submitted after deadline can however be considered for the subsequent edition.
- In addition to the aforementioned rules, specific requirements provided under the relevant categories must be fulfilled.

EVIDENCE

- The onus of proving a record is on the Participant. The Claim, signed by the Participant, should be backed by adequate and satisfactory documentation without which it will not be accepted.
- The Participant must, as part of the verification process, submit all supporting documents including at least two authentication letters (originals) on stamp paper, photographs (or CD containing still photos), personal details of the Participant, including residential address and contact details, along with a covering letter, without which the Claim will not be considered for entry.

- The moral rights, copyright and any other intellectual property rights in and to any such material evidence shall, to the extent permitted by law, be waived unconditionally by the Participant.
- The evidence must only be sent after the Required Documents have been verified and the primary application has been confirmed.
- Only the Claim may be supplemented by evidence of the record.
- In addition to the documents mentioned in the previous section which are necessary, other corollary evidences of the Attempt for the purpose of the Claim includes:
 - Press clippings of local, national or international newspapers, or press cuttings, or the news report in an electronic form, furnishing direct evidence of the record; or,
 - Audio tapes of the radio, tape recorded cassettes or any such fact of record which could be heard, furnishing direct evidence of the record; or,
 - Video tapes of the record attempt on DVD, or CD Rom, or any such fact of record which could be on DVD, or CD Rom video, furnishing direct evidence of the record; or,
 - CDs of any such fact of record which may be in audio, visual or audio-visual format, furnishing direct evidence of the record; or
 - Photographs of any such fact of record documented by photographs furnishing direct evidence of the record. [It is advisable to get pictures 1500 pixels wide for horizontal images and 1500 pixels tall for vertical images].
- If any of the above mentioned evidence is in a local language, it must be sent along with an attested copy of an English translation of the said document.
- The evidence must be clear, distinct and unambiguous.
- LBW RECORDS reserves the right to refuse the entry if, evidence sufficient to prove the record act beyond reasonable doubt, is not furnished.
- For categories where specific evidence is required, kindly refer to the respective category, mentioned in this document, for the requirements.
- The material evidence provided by the Participant shall not be returned.
- Wherever possible, a person from the LBW RECORDS Team may also visit for verification. In such cases also, the evidence shall be sent along with the Claim.
- In case of records where giant structures are put in place or super-size objects are involved, the measurements shall be taken in the presence of one of the members of the LBW RECORDS Team or LBW RECORDS approved observers.

ACCEPTANCE CRITERIA

- Each Attempt must be categorized within one of the chapters or categories listed under Section Eligibility Criteria. However LBW RECORDS reserves the right, to be exercised at its sole and absolute discretion, to accept entries related to (i) landmark achievements by individuals, organisations, government bodies etc.; (ii) outstanding stories of courage and patriotism; (iii) informative stories reflecting both the greatness of India and the

progress she makes; (iv) inspiring acts/personalities; (v) interesting trivia about the Indian way of life; and (vi) entries that are of general interest to the public in the opinion of the LBW RECORDS Team.

- Records must be absolute and not technical offshoots and they must be quantifiable, comparable and measureable. For instance, in a typing record, it is assumed that typing refers to its generally accepted meaning. However one-finger or two-finger typing will not be registered as separate records.
- No entry shall be considered valid unless the entry is sent, along with the required evidence, in the manner prescribed in section Application Procedure
- LBW RECORDS reserves the right to publish or delete any chapter, section, category or record in the present or any future edition of LBW RECORDS, without any notice to the Participants. LBW RECORDS is under no obligation to inform record holders when a record may be dropped. Such decisions shall be the sole prerogative of the LBW RECORDS Team in the larger continuing interest of the book.
- Records shall be considered for publishing only on the grounds of its interest value and general public acceptance.
- LBW RECORDS will not consider potentially dangerous record attempts by Participants, particularly those belonging to Age Group I, being below twelve (12) years of age.
- Further, no entries in violation of any law, rule, regulation, guideline or any other statutory instrument shall be accepted.
- Entries for the new edition of LBW RECORDS will be confirmed only after the annual deadline, which is usually 31 May.
- In all matters pertaining to the 'Life Book of Records', the LBW RECORDS Team and/or , 's decision shall be final and binding.

STATUTORY COMPLIANCE

It is mandatory for Participants to abide by all local, state and national laws, rules and regulations applicable in relation to the Attempt. LBW RECORDS expressly prohibits any Attempt that involves violation of any local, state or national laws, rules or regulations. Participants are under an obligation to ensure that all activities related to the Attempt, are neither unlawful, nor against public decency and morality. Participants must note that LBW RECORDS strongly discourages Attempts that are likely to offend the sentiments of any community. LBW RECORDS also discourages Attempts that may cause harm to the public or animals, or cause any damage to the environment and are requested to refrain from such Attempts.

Participants shall bear sole responsibility for any consequences arising out of any non-compliance with any applicable laws, rules or regulations insofar as they relate to the Attempt. LBW RECORDS shall not be liable for any harm caused to the public or the environment in the course of the Attempt, and LBW RECORDS shall not be responsible for any non-compliance with any applicable local, state or national laws, rules and regulations insofar as they relate to the Attempt.

SAFETY PRECAUTIONS

The Participant is requested to take all reasonable safety precautions prior to the Attempt including, but not limited to, the testing of all equipment used for the Attempt, the utilisation of prescribed safety equipment in relation to the Attempt, the presence of requisite medical personnel and treatment facilities, and any applicable safety permits required under local, state or national laws, rules and regulations.

The Participant understands that the Attempt may be dangerous to him, other Participants and spectators, and that they must identify such risks, with the help of professional advice, such as the risk of accident, illness, paralysis, injury, loss, or death which may be caused by negligence, forces of nature, or other agencies, known and unknown. The Participant knowingly and freely assumes all such risks, both known and unknown, and assumes full personal responsibility for the Attempt and its consequences.

The Participant shall bear sole responsibility for taking all such safety precautions and acknowledge that , , the LBW RECORDS Team and/or their respective directors, officers, appointed representatives or agents shall not, in any manner whatsoever, be responsible for making any safety arrangements for the Attempt.

PUBLICITY

The Participants undertake and irrevocably and unconditionally permit , and LBW RECORDS to cover any Attempt through various media including newspapers, radio, television including news and other channels, internet, etc., and shall not raise any objection, protest or demur whatsoever to such coverage or in this regard. Whilst LBW RECORDS shall make all reasonable efforts, there is no obligation on the part of LBW RECORDS to air or otherwise engage in publicizing any Attempt. The Participants must, at the request of ,/LBW RECORDS, participate in all promotional activity (such as publicity and photography) in relation to a successful Attempt, free of charge, and they consent to , and LBW RECORDS using their name and image in all promotional materials.

LICENSE TO USE NAME, IMAGE, LIKENESS, RECORD

Participants hereby grant in perpetuity to , and LBW RECORDS, its authorised agents, successors and assigns, the worldwide license to use the name, image, likeness, pictures, video recording, audio recordings, etc., of the Participants in relation to any Attempts undertaken by the Participants (the “**Licensed Property**”). Participants agree and grant to , the right to use any element of the Licensed Property for any purpose in connection with LBW RECORDS, including but not limited to, the publication and distribution of LBW RECORDS, the promotion of LBW RECORDS, , , and any of its divisions or products, and the filing of copyright,

trademark and other similar registrations in relation to LBW RECORDS that involve the Licensed Property.

All material submitted in connection with a potential entry in LBW RECORDS (whether written, audio, electronic or visual form, or a combination of those) or any photographs, video and/or film footage and/or audio recording taken of Participants are assigned to LBW RECORDS and , upon submission and become the property of LBW RECORDS and , exclusively. LBW RECORDS and , may use the material in any medium in any reasonable manner it sees fit. Copyright in any such material remains the sole property of LBW RECORDS and ,.

INTELLECTUAL PROPERTY RIGHTS

The name 'Life' and the 'Life' logo are registered trademarks of LBW Records Publications, INDIA, and should not be used for any publicity in relation to an Attempt, or after a claim has been accepted, without the express permission of ,. All right, title and interest, including but not limited to the Intellectual Property Rights, in LBW RECORDS and in any and all entries received shall vest solely and exclusively with , at all times. , or any person or entity permitted by , in this regard shall be entitled to use any information in connection with the entry in any media for future promotional, marketing, publicity and any other purpose, without any permission and or payment to the Participant.

RESPONSIBILITY FOR ALL ASSOCIATED COSTS AND INSURANCE

The Participant understands and acknowledges that all expenses incurred in relation to the Attempt shall be borne solely by the Participant. , and/or LBW RECORDS Team shall in no manner be responsible for reimbursing any expenses incurred in the course of the Attempt, or even in the event that the Participant is successful at the Attempt. ,/ LBW RECORDS shall not be responsible for providing any kind of insurance in relation to any Attempt, and shall not be responsible for any emergency medical expenses or any subsequent medical expenses in the event of any incident/accident, illness or incapacity, arising out of the Attempt.

WAIVER OF CLAIMS AND INDEMNITY

Participants acknowledge and consent on behalf of themselves, their heirs, successors, assigns, personal representatives and next of kin, to WAIVE ALL CLAIMS AND RELEASE AND HOLD HARMLESS the LBW RECORDS Team, ,, its directors, officers, employees and representatives, and its partners, affiliates, subsidiaries, advertising agencies, agents and their respective directors officers, employees, and representatives, (the "Released Parties"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, PARALYSIS, DEATH, or loss or damage to person, property or reputations, arising out of the Attempt, to the fullest extent permitted by law.

The Participants agree to indemnify and hold the Released Parties harmless from all losses, liabilities, damages, costs or expenses (including but not limited to reasonable legal fees and other litigation costs and expenses) incurred by any of the Released Parties as a result of any claims or suits that the Participant (or anyone claiming by, under or through the Participant) may bring against any of the Released Parties to recover any losses, liabilities, costs, damages, or expenses which arise during or result from the Attempt.

SEVERABILITY

Each of the provisions contained in these Terms is considered to be reasonable by ,, LBW RECORDS and the Participants and each clause, sub-clause paragraph and sub-paragraph shall be construed as independent of any other provision. If any provision of these Terms proves to be invalid, void or illegal it shall not in any way affect, impair or invalidate any other provision and the remaining provisions shall remain in full force and effect.

DISPUTE

The courts of competent jurisdiction at Gurgaon shall have exclusive jurisdiction to determine any and all disputes arising out of, or in connection with, any Attempt undertaken or entry made for the purpose of LBW RECORDS. Further all issues and questions concerning the construction, validity, interpretation and enforceability of these Terms, or the rights and obligations of the Participants and/or , and/or partners of LBW RECORDS, shall be governed and construed in accordance with the laws of the Republic of India.

Note: For specific guidelines all Participants are requested to contact the LBW RECORDS Team by email.

SPECIAL NOTE FOR PROSPECTIVE ATTEMPTS

For limbo skating records: For limbo skating records: Only the distance covered will be taken into consideration and the height of the bars have to be fixed at 6 feet.

For young children: No marathon records or dangerous records will be considered for children. They can attempt records in mental math, collection and Rubik's cube.

The pre-approved categories as follows: Major categories:

1. **Mental Maths** (without using pen and paper)
2. **Calculation** (using pen and paper)

Spoken or visual or flashing numbers (for calculation purpose) will be considered as Mental math.

Both the Major categories have the following sub - categories for attempting records:

1. Five min event: The participant will be given 5 min to attempt the event. The time will be the major bench mark for making and breaking records.
2. Marathon event: The participants set the quantum of calculations for attempting the record. The time will not be considered for attempting a new record. However, for breaking the record in this category both time and the quantum will be considered as parameters.
3. Sprint event: The participant will be given 1 minute to attempt a record. Time cut off will be the major bench mark for breaking the records.

The potential record holders must attempt from the approved categories only. The age criteria are U-18 and above 18 only.

The documents submitted / record attempted will not be considered on their face value and will be only considered for review after the team approves it. Calculations with or without decimals will be considered same.

The following events will NOT BE CONSIDERED for records:

1. Multiplication and division by a single digit
2. Writing / speaking of multiplication tables
3. Squaring of 1, 2, 3 digits
4. Multiplication of 2 digit numbers
5. Any record attempt with even a single error
6. Multiple claims under the same category

Additional pointers to remember before sending the documentation or claims:

1. Do not send any documents unless requested by the LBW RECORDS Team post approval.
2. Do not send any documentation if your event has not been approved for consideration by the LBW RECORDS Team.
3. The documents received by LBW RECORDS for events which are not pre-approved through email will not be reviewed by the LBW RECORDS team.

Youngest category: The youngest category has been dropped. The only exceptional case is sports and any other reputed competitions where there is a quantifiable group.

The age categories are specified only to ensure that no records are created against the law (for example, driving at an age not legally permissible) and to ensure that minors do not try to attempt records that require excessive physical exertion (like marathons events or climbing high mountains) and/or those that can be detrimental to their health.

The categories for blood donation, most surgeries performed within a particular time period, fastest driving in a day and tattoos have been discontinued. The category for most tractors serviced will be discontinued from *Life Book of Records* 2021 onwards.

A NOTE FOR PAST, PRESENT & POTENTIAL RECORD HOLDERS

The name Life and the Life logo are registered trademarks of LBW Records Publications, USA, and should not be used for publicity when a record is being attempted or after the claim has been accepted, without written permission of the publisher.

When records are being attempted, it is not obligatory for the LBW RECORDS Team to provide invigilators. However, where possible they may do so.

All Attempts at breaking old records and setting new ones are undertaken entirely at the risk of the claimant. Neither the LBW RECORDS Team nor , can be held responsible by the (potential) record maker or third party for any liability that may arise out of such an Attempt.

The editorial team of LBW RECORDS reserves the complete and incontestable right to decide what chapters, sections, photographs, categories and records to publish or delete in future editions. LBW RECORDS will not consider potentially dangerous record Attempts by minors or any Attempt that violates a law.

LBW RECORDS strives to be completely authentic. However, it sometimes happens that an earlier record may come to light after the book is released. In such cases corrections/updates will be carried out in the next edition or as deemed fit by the LBW RECORDS Team.

Records that are 'firsts' are not entitled to perpetuity and can be dropped without any prior intimation. For reasons of space or any other reasons whatsoever, a confirmed entry may also be dropped. Editors may inform the claimant of the change in status but are not bound to do so. Such decisions are the sole prerogative of LBW RECORDS's editor in the larger continuing interest of the book.

The record holders are not entitled to any prize money, gift(s) or free copies of LBW RECORDS.

The record holders are not entitled to any prize money, gift/s or free copies of LBW RECORDS. One complimentary copy of the certificate will be issued to the record holders. Additional copies of the certificate or certificate of participation can be obtained upon a payment of Rs. 100 + courier charge + GST as applicable per certificate.